

Outreach and Community Partnerships

Pathway Guides collaborate with opiate treatment “Hubs” and local physicians who provide ongoing treatment and other services for individuals in Medication Assisted Treatment. Pathway Guides encourage Medication Assisted Treatment participants to consider the potential benefits of making a personal commitment to participating in peer recovery support as a means to improve their lives, attending medication assisted recovery specific groups, spending time in recovery centers and connecting with others in recovery. Guides are also available to help patients who want to transition toward abstinence-based recovery by introducing them to the peer-to-peer recovery communities who use this approach.

Pathway Guide Contact Information



www.vtrecoverynetwork.com



www.facebook.com/vermontrecoverynetwork



Pathways to Recovery



**Concerned about
opiate addition?**

What We Offer

All our services are provided at no cost.

Vermont Recovery Network Contacts

Sarah Munro, Coordinator 802-738-8998
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Colleen Hobbs, Operations 802-558-1749
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Individual Recovery Support:

Recovery Coaching:

Pathway Guides regularly connect individuals in Medication Assisted Treatment with trained Recovery Coaches. Recovery Coaches provide the sorts of recovery supports described above during regularly scheduled meetings. They help people to create a vision for their lives in recovery, They help people set goals, and they support people while they achieve the plans they make for lives in recovery.

All Recovery Meetings:

- Making Recovery Easier (MRE):**

SMART Recovery:

is a science-based addiction support group that advocates choice, so that those seeking recovery can choose what works best for them from a "tool-box" of methods and strategies. SMART® Recovery is a workshop series that provides people with the tools to change their lives. Participants learn to build and maintain motivation; cope with urges; manage thoughts, feelings, and behaviors; and live a balanced life.

