Recovery centers are places to find information about recovery and substance abuse services in a drug and alcohol free environment, and find people who have direct personal experience with the recovery process.

Recovery is the process of healing the physical, emotional, and spiritual harm caused by slipping into dependence on alcohol and drugs.

We help people connect with a recovery community that meets their needs. Recovery thrives in community.

People with experience in recovery help visitors establish connections, often leading to employment, stable housing, and other needed services.

We understand the harm that active addiction causes people and those around them. We provide support for everyone whose lives have been affected by addiction - people in active addiction, families, friends, neighbors, employers and coworkers.

Worried about someone? Vermont’s recovery centers can help.

Recovery centers are committed to providing a safe and welcoming environment for people on all paths to recovery.

**Peer Recovery Support Services:**

**Peer to Peer Recovery Supports available**

**Recovery Coaching:** A recovery coach will help you create a vision for your recovery, define your goals, and then help you work toward those goals. A coach will ask questions and listen. You lead the way on this journey; you decide what your recovery will look like. A coach will support your choices and help you make your goal a reality. Together, you and your coach will explore what steps and services will help you succeed in your recovery.

**Pathway Guides:** provide peer-based supports for persons with Opioid Substance Use Disorder seeking recovery. Pathway Guides encourage Medication Assisted Treatment participants to consider the potential benefits of making a personal commitment to participating in peer recovery supports as a means to improve their lives, attending medication assisted recovery-specific groups, spending time in recovery centers, and connecting with others in recovery.

**VT Telephone Recovery Support Service:** Peer recovery support specialists are available at various times in the day to call individuals who have requested support when they leave treatment. Making connections with others who have shared-lived experience of addiction and who now model recovery has been proven effective.

**Peer Recovery Coaching in Hospital Emergency Departments:** We are in the process of developing a pilot project to provide peer recovery services in three Vermont emergency departments. The coaches will engage with patients in the ED who are identified as having a substance use disorder and connect them with treatment and recovery supports in the community. We hope these pilots will result in a model that we can take statewide.

*Helping people who have experienced problems as a result of drugs and alcohol to find, maintain, and enhance their recovery through peer support, sober recreation, and educational opportunities.*
Recovery Centers Provide:

- Help for people making the positive life changes we call recovery
- Safe places with Peer to Peer Recovery Supports available
- Peer Recovery Support Services
- Space for 12 step meetings
- Other recovery meetings: All Recovery Meeting, SMART,
- Educational workshops: Making Recovery Easier
- Pathways to Recovery providing peer support for people in medication assisted treatment
- Support for young adults (Making Change, GYST - Get Your Stuff Together, and the list keeps growing)
- Family support (Wits End, FAR-Families for Addiction Recovery, and more developing)
- Volunteer opportunities and letters of reference for future employment
- Sober recreational opportunities and events

Vermont Recovery Centers

Barre
Turning Point Center of Central Vermont
489 North Main Street 802.479.7373
tpccvbarre@gmail.com www.tpccv.org
Director: Bob Purvis

Bennington
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Director: Ken Sigsbury

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Turning Point of Windham County
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Director: Suzie Walker

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Director: Gary DeCarolis

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Director: Bill Brim

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Director: Stefani Capizzi

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Journey to Recovery Community Center
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Director: Brandon Malkshuk

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