

# **Diginity & Respect**



# a message from Gary De Carolis



We are asking the Vermont Legislature to increase the base funding by \$1.85 million for our recovery organizations and \$1 million for our recovery residences for fiscal year 2024. Vermont's recovery organizations receive grants from the Vermont Department of Health to do the work they do every day. The Vermont Legislature has given the recovery organizations two one-time \$25,000 increases in the last decade and last year added \$45,000 to their base funding. The first sustained increase in years! The Vermont Legislature has been the champion of our efforts to combat the opioid epidemic and honoring the front-line workers who are working tirelessly every day to help save and rebuild countless lives. We are deeply grateful for their ongoing efforts.

Those of us who come to this work know firsthand of the amazing transformations that happen on a daily basis for our many guests. The broken spirits that walk through our doors with little hope of a future. Then the magic happens. They are met by someone who once was in their shoes and now is able to greet them, appreciate them for who they are, and offer them a helping hand and the world of recovery. A safe place, time to gather themselves, figure out what their own recovery path is, and a rich set of programs to engage with. Today, our recovery coaches are in the Emergency Departments around the state, working with police departments, Emergency Medical Technicians, corrections facilities, homeless shelters and walking the streets of countless communities. All with one thing in mind. An offer of hope that there is life in recovery, and they can do it with treatment, support, and a willing community.

For the last two years, our annual survey of our member recovery organizations has given us the opportunity to hear about their amazing work helping Vermonters who have a substance use disorder. They have helped save so many lives while supporting thousands of others to help rebuild their lives, all the while working without competitive wages and little, if any benefits. We decided it was time to act on their behalf.

Those that do this amazing work deserve a livable wage and benefits. For far too long we have taken advantage of the passion they bring to the work. The very people who are there for those in the throes of their substance use disorder deserve to be treated with dignity and respect by us all. There is no better way to show they matter than to offer them a livable wage and benefits. Please join our efforts and support our "ask" for \$1.85 million for recovery organizations and \$1 million for recovery residences. Thank you.



Recovery Partner of VT is pleased to announce that we've been awarded a **grant** from North Country Credit Union that will allow four of our thirteen members to create a Parents in Recovery Program at the following Recovery Centers.

- Turning Point Center of Addison County
- Turning Point Center of Central VT
- Turning Point Center of Springfield
- Turning Point Center of Bennington



#### The heART Show 2023!

We're honored to be a recipient of the 5th Annual *heART Show*! By purchasing artwork from this event, you're supporting RPV, 100+ local VT artists and 2 other non-profits in VT!! Artwork can be seen at Village Wine & Coffee in Shelburne Village, VT or online. Online sales **end** February 28th, instore sales end March 25th.



View Artwork Here!

# Professional Development

# Management Training with Sarah Karnes, Senior HR Specialist

# 1. Recruitment & Selection - February 2023

• This recruitment training focuses on the *why*, the dos and the do nots. The manager recruiting manual focuses on the legal aspects.

# 2. Employee Relations - March & April 2023

 This training focuses on the broad concept of one of the most important functions of HR. Creating a healthy environment for employees, management, guests, etc. This will follow up on corrective action processes and procedures.

# 3. Effective Leadership - April & May 2023

- Effective leadership is a tool to develop and expand leadership skills. How to make a transition from employee to manager.
  - Open to ALL RPV members!
  - Each section will be two parts: one hour or less.
  - Always 11AM-12PM
    - February 8, 2023
    - March 8 & 22, 2023
    - April 5 & 19, 2023
    - May 3, 2023 (February make-up date)

Email gary@vtrecoverynetwork.org to register!

Are you looking for a new direction in your life? Are you looking for a new purpose, where you can help others on their journey to recovery? Many of our members are hiring\*!

- Jenna's Promise
  - Director to apply visit their website at jennaspromise.org
- TPC of Central Vermont
  - Recovery Coaches for more information, email Hiliary Denton at hilaryd@tpccvt.org
- Journey to Recovery Community Center
  - Recovery Coaches for more information, email Lila Bennett at lbennett@jtr-cc.org
- TPC of Addison County
  - Recovery Coaches apply online at turningpointaddisonvt.org
- TPC of Bennington
  - Recovery Coaches for more information
    email Margae Diamond at
    director@tpcbennington.org

\*All 13 members of RPV are always looking for volunteers too!

## <u>Group Facilitation -</u> <u>Recovery Vermont</u>

#### Wednesday, March 29th: 9am - 12pm |Online / Zoom | Free Training Join Recovery Vermont for this 3-hour training that will provide those responsible

for leading recovery meetings with the key skills needed to facilitate and host effective meetings.

#### **RECOVERY VERMONT PRESENTS**

NOW

HIRING





Faces & Voices of Recovery is proud to host this FREE virtual training sponsored by the Opioid Response Network. Innovations in Recovery Leadership is a 3 day

## <u>Innovations in Recovery</u> <u>Leadership - Faces &</u> <u>Voices of Recovery</u>

(13-hour) training program for emergent and seasoned leaders working or volunteering in a setting that prioritizes recovery support services. Welcome to the Innovations in Recovery Leadership Training.

#### Register Here

#### Networking & Partnerships

Many know about networking, yet few know what it is and how important it can be for their professional careers. In this interactive webinar, Karen will explore what professional networking is and how to become a successful networker.



**Register Here** 

# Member Events & Triumphs



<u>'I can get through anything':</u> <u>Vermont organizations</u> <u>celebrate Recovery Day</u>

The state of Vermont recognized



Recovery Day on Wednesday, celebrating all of the hard work that goes into recovery from substance use disorder. Celebrations took place both online and at various in-person events across the state. "I never thought that I would get clean and sober," said Krista Chesebro.

Read More

### Partner Spotlight - Turning Point Recovery Center -Bennington County Coalition for the Homeless

Today we wanted to take a moment to talk about one of our many community partners -Turning Point Recovery Center of Bennington. With opiate addiction a well-know epidemic in our community, Turning Point is an excellent resource for folks who are struggling with addiction. Among their many services,





Read More

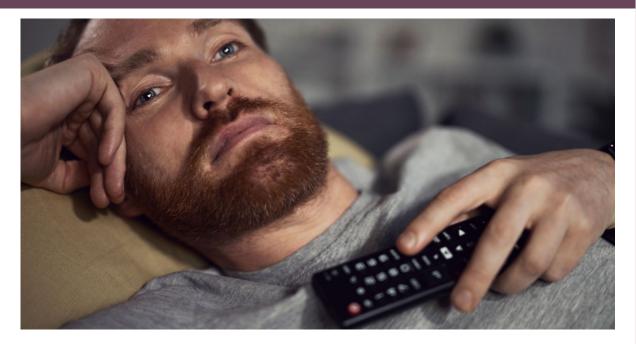
# Trail Run 4 Recovery

Get ready for the 2nd Annual Trail Run 4 Recovery where this year Chip Piper is running a Penta-Marathon to raise awareness of substance use disorder and the need for recovery organizations like Turning Point Center of Addison County & Jenna's Promise, who are pairing up with Chip in hopes of raising \$50,000 for their organizations!

Here's a great snapshot of what a day in the life at Turning Point Center of Springfield, VT looks like!



# Resources



## The Devastating Toll of Men's Loneliness

Men often don't have close friends. In heterosexual relationships, women often maintain friendships for the couple. Boys start out feeling as connected in their friendships as girls do, but they tend to neglect personal relationships to pursue external success. Loneliness is correlated with longevity. Read More



April 19, 2023 | 8:30am-4:30pm | DoubleTree by Hilton Hotel, Burlington VT



**REGISTER TODAY!** 

# Howard Center Annual Conference 2023

In-person registration: We are thrilled to be returning to an in-person event at the DoubleTree by Hilton Hotel Burlington and hope many will join us in person to hear our speakers live, visit with our sponsors, and enjoy a day of networking.

Register Here



# Cape Cod Symposium

When it comes to treating addiction, we're stronger together. Join our community of industry leaders and mental health professionals, as we return to coastal Cape Cod, Massachusetts. We are excited to expand our network and unite our efforts with three leading behavioral health and addiction meetings from across the country: At the Cape Cod Symposium, you'll find yourself among like-minded professionals, learning and addressing the significant challenges we must overcometogether.

Register here

Drug Overdose Death and Harm Reduction: the

## Vermont Overdose Prevention Network's Position

From Ed Baker: Key members of VOPN discuss Network views and policies related to preventing drug overdose death in Vermont. With guests Theresa Vezina, Mike Selick, and Joe Magee. Mike Selick is the Associate Director of Capacity building at National Harm Reduction Coalition.



Listen Here



Read Here

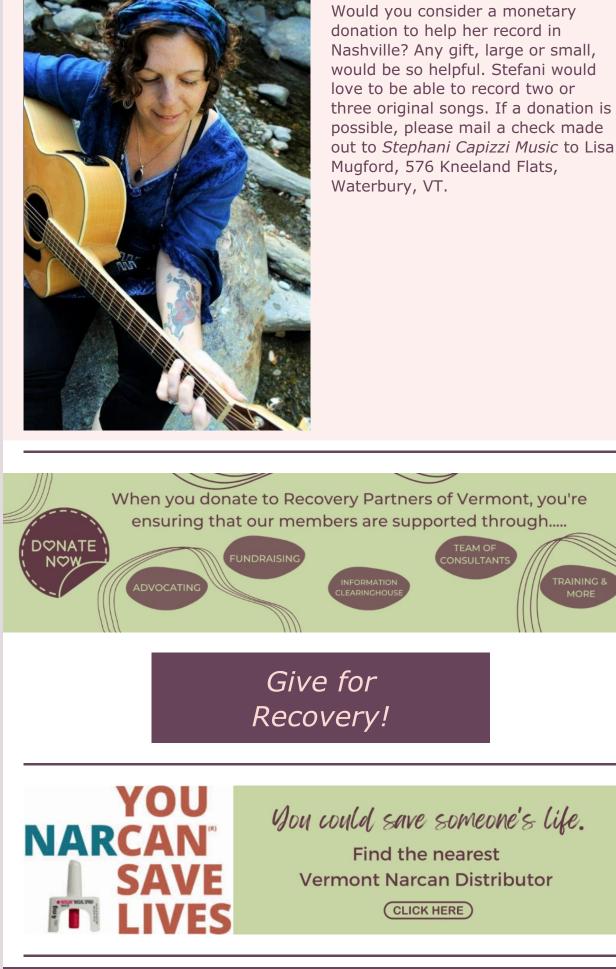
Health record data adds further support for the role of family history in youth substance use disorder

WHAT PROBLEM DOES THIS STUDY ADDRESS? Many factors influence the potential for developing a substance use disorder during the teenage years, including individual characteristics (e.g., genes), external influences (e.g., family, friends), and different contexts (e.g., homes).

## Stefani Capizzi has been invited to record a few original songs in Nashville, TN! Can you help her get there?

The invite comes from Wayne Warner! Stefani will be recording with some major backup singers and players.

These guys make records all day long in every major studio in Nashville. If you've ever listened to the radio for a day, you've heard these guys on someone's record. From Willie to Dolly. Stefani is in recovery and is eager to help others through her writing and music. She has been donating a percentage of the proceeds from her latest album "Here for A while" to organizations which support recovery.



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monthly newsletter, subscribe so you never miss a thing!

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